



KENT COLLEGE
WEST CAIRO

Sickness & Exclusion Policy

Owner	Senior Leadership Team
Applied to	Whole School
Date last reviewed	September 8 th , 2025
Date of next review	September 8 th , 2026
Review period	1 year

It is our aim to encourage and promote good health and hygiene for all of the children in our care. In the event that children show signs or symptoms of any illness or if they appear unwell, parents may be contacted and asked to collect their child. It is at the discretion of the school doctor to decide if a child is well enough to attend school.

Once a communicable disease is suspected or has been diagnosed, other parents are informed.

In the event of a child having a temperature we will administer one dose of non-prescribed paracetamol or any other pain relief medication to the child. If your child requires both Paracetamol and Ibuprofen – your child is too poorly to be in school and therefore will be excluded. If any child arrives at school in a condition in which he/she may require medication such as Paracetamol sometime during the day, a decision will be made as to whether the child is fit to stay in school.

Kent College West Cairo DOES NOT administer medication unless written consent is given.

To prevent the spread of infections, children should not attend school if they are suffering from any of the following in order to prevent risk of spreading the infection. In line with the Ministry of Health our recommended minimum exclusion days are:

Communicable disease	Recommended period to be kept away from school	Comments

Diarrhoea and/or vomiting	48 hours from last episode of Diarrhoea and/or vomiting	None
E.coli	Should be excluded for 48 hours from the last episode of diarrhoea. Further exclusion may be required for some children until they are no longer excreting.	None
Flu (influenza)	Until recovered.	None
Whooping cough	Five days from starting antibiotic treatment or 21 days from onset of illness if no antibiotic required.	Preventable by vaccination. After treatment non-infectious coughing may continue for many weeks.
Tuberculosis*	Doctor's certificate required to return to school.	Requires prolonged close contact for spread.
Diphtheria*	Exclusion is essential. Doctor's certificate required to return to school.	Family contacts must be excluded until cleared to return by a medical professional. Preventable by vaccination.
Chicken Pox	Doctor's certificate required or upon no visible spots remaining.	Vulnerable children and female staff- pregnancy
Cold sores	None	Avoid kissing and contact with sores
German measles (rubella)*	Doctor's certificate required or upon no visible rash remaining.	Preventable by immunisation, female staff –pregnancy
Hand foot and mouth	1-3 days according to severity	Exclusion may be considered in some circumstances.
Hepatitis A	Doctor's certificate required or upon no remaining symptoms.	In an outbreak of Hepatitis A, your local health centre will advise on control measures
Impetigo	Until lesions are crusted and healed, or 48 hours	Antibiotic treatment by mouth may speed up healing and

	after commencing antibiotic treatment	reduce infectious period
Ringworm	1-3 days from start of treatment.	Treatment is required
Scarlet Fever*	Child can return 24 hours after commencing appropriate antibiotic treatment	Antibiotic treatment recommended for the affected child.
Shingles	Doctor's certificate required or upon no visible rash remaining.	Can cause chicken pox in those who are not immune. It is spread by very close contact.
Warts and Verrucae	2-3 days from start of treatment.	Verrucae should be covered in swimming rooms, gyms and changing rooms.
Trachoma	5-7 days from the start of treatment.	
Conjunctivitis	none	If an outbreak/cluster occurs consult with local health centre
Glandular fever	none	About 50% of children get the disease before they are five, many adults acquire the disease without being aware of it.
Head lice	2-3 days from start of treatment.	Treatment is required only in cases where head lice have definitely been seen
Measles*	Doctor's certificate required or upon no visible rash remaining.	Preventable by vaccination
Mumps *	Doctor's certificate required or upon no remaining symptoms.	Preventable by vaccination
Meningitis	Doctor's certificate required.	None
Threadworm	2-3 days from start of treatment.	Treatment is recommended for the child and household contacts

Tonsillitis	After the first 2 doses of antibiotic have been taken or 2-3 days from start of treatment.	
Antibiotics	Any child that has been prescribed antibiotics will not be permitted to return until 24 hours after the first dose has been given.	This exclusion is enforced every time a child is prescribed antibiotics regardless of whether they have been prescribed the antibiotics previously.

Please contact Kent College West Cairo if your child is not attending school.

